

7<sup>th</sup> August 2013

To Whom It May Concern

I would like to introduce Mikal Nielsen who has been my life coach for the past 2 years. Mikal has used a variety of tools in his sessions, to bring about more awareness of myself and other people. All of which have made me a more effective and productive person, both in my business, and personal life.

Mikal uses tools like Roger Hamilton's Wealth Dynamics, The Six Human Needs, and Life Pyramids to help make you aware of areas in your life that, though you may be familiar with, will bring about clarity as to why we react to different situations in everyday challenges.

As a company we have used Mikal in our Management Team sessions, establishing Personality Profiling and Team Awareness of each individual. This has been of great benefit, both to our organisation and to our individual managers, and has certainly helped our Company become far more aware of strengths and weaknesses within our team.

I would unreservedly recommend Mikal, for any individual or organisation that want to think outside the square in relation to effective team and life building.

Yours sincerely

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