Mikal has helped me with my focus and daily planning.

I plan my working day better, which has increased productivity. I can separate the urgent from the important.

The communication skills he taught gave me a better understanding of my team. We now all work as a team, which has made a far better working environment for all. Morale has greatly improved. I delegate better and lead from the front.

His coaching during the recession kept me focused and allowed my company to grow through difficult times.

Mikal helped me see the direction I wanted to go and gently steered me the right way.

On a personal note: Besides my father, Mikal has been the greatest male influence on my life. He has helped me point me in my right direction and to learn to be at peace with myself.

Phil Hall, Hall Electrics, Auckland