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8 August 2007

TO WHOM IT MAY CONCERN

Hi there. My name is Howie Clare and I run my own marketing consultancy company. Four months ago I engaged Mikal's coaching services predominantly to help me address some of the things that were holding me back from taking my life (professional and personal) to the next level.

During our time together, Mikal has helped me:

- To gain a greater insight into why I act and think the way that I do
- To understand my value system – at a much deeper level than I had ever experienced before
- To handle my relationships more effectively
- To identify the areas in my life that are most affected by fear, and to develop ways to crash through that fear – and to take decisive action

As a result of this I have set and achieved two personal and financial goals that have been on my "To Do" list for the past two years. I feel the reasons for achieving these goals were:

- Mikal's incredible insight
- Mikal's cutting-edge coaching tools
- Our regular accountability sessions

I cannot understate the value of using Mikal to help you achieve all the success you desire. For most people, I guess it's the investment (of time, effort and money) that is the biggest obstacle. My advice is to shift your focus from the cost of taking this step to the cost of NOT taking this step. My experience tells me that it will cost you a great deal of joy, fulfillment, health and financial success. Are you (and these outcomes) worth a small sacrifice in the short-term?

If you're seriously considering taking this step, but feel you would benefit from speaking with someone who has gone through the process, feel free to call me.

Kind regards

Howie Clare
Managing Director